

WHAT TO DO  
**After The Fire**

GODSOWNDIVA CLUB

Practical & Simple Wisdoms for  
Sustaining Spiritual Momentum & For  
Victory In Life



DIVA TIO

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# Preface

*This book started as a Telegram post shared with GodsOwnDiva Club members on the 17th of May 2021.*

*Three days earlier, in the season of the Jewish Feast of Pentecost, we had concluded a virtual 3 day prayer and fasting exercise tagged Prayers of Pentecost where we prayed in a chain format for 18 hours everyday.*

*It was like nothing we had experienced before. Gods fire fell!*

*On this day, I had gone to Telegram to share a few tips with my sisters on how to sustain the fire. I was burdened and concerned that the experience would be fleeting so I started to type and share tips I felt would help. By the time i was done, I realized that I had written a textbook!*

*Later that night, my friend Diva Olajumoke Adigun replying to my chats, posted in the group saying - " Mama, This is an ebook ooo". I took that literally!*

*So here we are, three weeks and over 30 pages later - we have an ebook. I am more than convinced God will have me share these wisdoms in a format that can be referred to again and again because this was not my plan at all.*

*My prayer is that as you turn the pages, you will hear the voice of God speak to you through these words. I hope these wisdoms bless you as much as they have blessed me.*

*From my heart to yours,*



### When The Fire Falls

At certain times in our walk with God, we experience a revival. God in his benevolence releases seasons of refreshing upon us from heaven.

As we rejoice and revel in the glory released during these seasons of fire, a good question to ask is "How do I keep this fire burning? How do I sustain this glory? How can I ensure this experience is not fleeting? How do I make it an enduring one?"

More often than not, after such powerful meetings and an awesome experience with God, we find ourselves right back where we were before the fire. We often lack the discipline to sustain, retain and relive the glory experience daily.

The experience of being in an atmosphere of fire or participating in a revival will fizzle away if we don't keep the fire burning. **It is what we do after the fire that matters. It is what we allow the fire to change in our every day lives that count.**

In essence, the key to getting the full benefits of any revival experience is to maintain it. That is where the work is. **Maintaining the fire itself IS THE FIRE.** That is why God told Moses.. the fire must never go out of the altar.

## After The Fire

Leviticus 6:12 says:

*"Meanwhile, the fire on the altar must be kept burning; it must never go out. Each morning the priest will add fresh wood to the fire and arrange the burnt offering on it. He will then burn the fat of the peace offerings on it"*

As we see in the verse above, maintaining the fire is not automatic. The priest was required to add fresh wood to the fire EVERY morning. He had to arrange the offering - meaning that order was required. As such, keeping the fire burning was not just something to stumble carelessly into. There was a conscious, orderly process to maintaining the fire.

To keep the fire burning, we must embark on a deliberate and intentional pursuit of God and the principles that make for winning in life.

Consider the parable of the sower in Matthew 13: 3-9 -

*"He told many stories in the form of parables, such as this one: "Listen! A farmer went out to plant some seeds. As he scattered them across his field, some seeds fell on a footpath, and the birds came and ate them. Other seeds fell on shallow soil with underlying rock. The seeds sprouted quickly because the soil was shallow. But the plants soon wilted under the hot sun, and since they didn't have deep roots, they died. Other seeds fell among thorns that grew up and choked out the tender plants. Still other seeds fell on fertile soil, and they produced a crop that was thirty, sixty, and even a hundred times as much as had been planted! Anyone with ears to hear should listen and understand."*

The clear message Jesus so wonderfully teaches us here is that no matter how powerful a word or a message is, the possibility of it producing zero results in your life is very real. It is the word received and applied that yields fruits not just the word that is heard.

Even the words that yield do so in varying proportions of 30, 60 and a 100 fold depending on the conditions of the soil it falls into.

As such, for the words which thrive despite the onslaught of doubts and negative thoughts or the worries of life still require a watchful eye to maintain the growth process of the seed to see to it that it yields according to its maximum potential.

What this means is that for some, this revival will not last while for others who push through, there will be levels of harvest.

I am certain we all want to be part of the **"100-fold gang"** and it is with this heart that I have penned these words because I want to see us set on fire continually and winning in every area of life!

### Where do we go from here?

It will take an all-encompassing response. We must have zero tolerance for regression. It is with that in mind that I have put together simple wisdoms applicable to different areas of endeavor to help us fully maximize the fire we have caught and also to receive and sustain what God is doing in our lives.

## Wisdom For A Self Audit

Carry out an internal self-audit of your life.

Let us define an audit in this case as an inspection or an internal review of your current situation. By an audit, you can determine where you actually are.

Ask yourself the following questions -

## Fundamentals

- Is God is pleased with the way I live my daily life?
- Am I pleased with me?
- Are there things I need to change?
- What do I need to add to my every day life?
- What do I need to take away?

What dimension did the Prayers of Pentecost awaken in your life?

What aspect of your life did it bury?

What experience of the revival would want to sustain?

Identify these things and write them down. Give truthful and sincere answers as they will help you see clearly.

## Time

As you do this, a valid question that will pop up in your mind is - How do I spend my "free" time? This is a crucial part of the Self Audit. Probe further by asking the following questions -

- How many groups do I actively belong to?
- How much time do I spend on social media?
- What are the time stealing activities that I engage in”?
- What am i doing that I do not really need to do?

Time, they say is a currency of exchange for value. Like money, time is currency but the unit of time is not dollars and cents, it is destiny. The unit of time is destiny. Think about that for a minute and let it sink.

Whatever you give your time to had better be worth your destiny! If its not worth your destiny, it is not worth your time!

### Atmosphere

The atmosphere around you is like soil, the soil the seed is sown into. This is crucial and must be considered in this self audit. Seeds no matter how much life they carry will die in the wrong soil. So ask yourself the following:

- What atmosphere do I create around me?
- Can the atmosphere around me sustain the fire?
- What songs do I listen to?

Consider the idea that songs are like ladders that carry you into the place from where the song was birthed. Anytime you listen and engage a song, it has the capacity to carry you to where it came from. Choose your songs wisely.

- Who are your friends?
- Who do you follow?
- Are they fire lighters or fire extinguishers?

What are you keeping in your space that you need to remove? Be deliberate to shut down any triggers around you that lead you on a journey to where you don't want to go.



### Discipline, Routine & Order

Conclude your self audit by taking into consideration all the things you have written and by it, identify and ITEMIZE the things you need to STOP doing and the things you need to START doing.

Once you do this, **introduce routine and order** to it. Remember in Lev 16:12, the priest had to carry out the task of keeping the fire burning in a particular order. The wood had to be properly arranged before the oil was put on the fire.

Order is important. Routine is powerful. It keeps you in line. While every day is NOT always the same, a system of doing things will help discipline you and give you the boost you need.

**Routine trains the brain.** Routine makes an occasional occurrence become the default setting. Engage routine intentionally. Repetition is powerful.

# Wisdom For Sustaining Prayer Fire

It is interesting how Paul in a letter to the Corinthians uses the analogy of a race when describing our journey of faith. In 1 Corinthians 9:24-27, Paul writes

*Don't you realize that in a race everyone runs, but only one person gets the prize? So run to win! All athletes are disciplined in their training. They do it to win a prize that will fade away, but we do it for an eternal prize. So I run with purpose in every step. I am not just shadowboxing. I discipline my body like an athlete, training it to do what it should. Otherwise, I fear that after preaching to others I myself might be disqualified.*

Our faith walk is a **race** and Apostle Paul clearly breaks it down here, reminding us that **many run but not everyone wins**. What sets the winners apart is **discipline**. **Discipline is a distinguisher of men and a worthy ally in life's tournament!** We are in a race and we must play to win.

Discipline & Training are best friends and they rule in the game. You want your spirit man to grow? You want the fire stirred up in your spirit to keep burning? As earlier mentioned, the answer is in the power of routine - order and repetition. By routine, you will **discipline** and **train** your body but more importantly you build your spirit. **The discipline and training that routine brings is what helps us to sustain the fire.**

Now let us practically apply this wisdom to our prayer time.

## Time Of Prayer

Do you wake up at a particular time to pray? The Bible says that Jesus often arose long before daybreak to pray. Also, there is a scripture in Psalm 110:3 that I love so much. The KJV translation says -

*...in the beauties of holiness from the womb of the morning: thou hast the dew of thy youth.*

This scripture tells us the morning has a womb - a place of creation, incubation and formation. In this place is youth renewed. Like the morning carries dew in its womb and births it everyday to renew the earth, we can in the morning birth wonders in prayer. How exciting!

Please be mindful that the day according to Gods system starts in the evening. Genesis Chapter 1 says " and the evening and the morning were the first day". This means God starts the day in the evening meaning that the early hours of the "morning" are actually in the middle of the night. Do you now understand why there is so much spiritual traffic in the middle of the night? Selah..

Now, back to our review - what stops you from waking up at that time to pray? Can you systemically take away those things from your life so that you are able to get up to pray no matter what?

This is a war friends and our opponent is not letting up. If we want to win, we must do it by wisely strategizing and building defenses into our everyday lives

### **Distractions in Prayer**

Do you take your phone into the place of prayer? A man of God once said 'If you want all of God, you must give Him all of you'. If you want his undivided attention, you must give him your undivided focus. When you pray, it helps NEVER to take your phone into the prayer place! All it takes is one alert to bring you out of the spirit into the flesh. Don't do it. It will distract you.

What is your preferred prayer posture? Look for a comfortable posture that won't make you doze off. You can stand, pace, sit or kneel but avoid lying down except you know you won't sleep. It's prayer time, not sleep time.

Do you pray in tongues? If yes, pray in tongues/in the spirit or a while to wake your spirit up and then spend time in worship and from there, ride the wave of prayer as led.

Prayer is an altar. An Altar is a place of exchange or communication with the realm of the spirit. It is a powerful gift given to us by God to help us commune. When your prayer altar dies, your communication line with heaven closes. That is a situation you cannot afford to be in. I pray these words stir you to keep your altar alive.

### Prayer Is A Two-Way Street

Prayer is a conversation with God. This connotes two people talking with one another. It means you are not the only one talking. God is speaking too. As such, learn to take a pen and paper into the place of prayer so that you can write down the impressions in your spirit that come to you as you pray. It doesn't matter whether it is right or wrong - just write them down. As you grow in the spirit, you will learn to sift the voice of self from the voice of God.

Expect God to speak because He will. He is always speaking, We just need to tune in to hear him. Let us consider what the scriptures say in **Job 33:14-18**

*For God speaks again and again, though people do not recognize it. He speaks in dreams, in visions of the night, when deep sleep falls on people as they lie in their beds. He whispers in their ears and terrifies them with warnings. He makes them turn from doing wrong; he keeps them from pride. He protects them from the grave, from crossing over the river of death.*

God speaks again and again but we dont recognize his voice! Even when we sleep He is speaking through our dreams and our visions.

### Write Down Your Dreams & Pray About Them

Do not ignore your dreams. Write them down. Remember what the Bible says in Habakkuk 2:2. The NIV version says:

*"Then the Lord replied: "Write down the revelation and make it plain on tablets..."*

When you have a dream, write it down. Its is important especially if you are a praying person because God speaks through dreams.

You can also write or record your dreams on your voice note app immediately you wake up so you do not forget. When you forget pray and ask for the Holy spirit to remind you. Every dream has a meaning as the spirit realm is an active and real existence. Transactions which occur in that space does impact the realm of men

**Learn to pay attention to your dreams and pray about them. Deal decisively in prayer with every dream. Don't accept all dreams as prophecies. Take them as prayer points and contend for your victory in the place of prayer.**

So let us consider wisely all the above points raised and apply them to our daily living, As simple as these steps are, they carry the potential to change YOU completely.

It is the little drops of water that makes mighty oceans.

# Wisdom For The Word

## Reading The Bible

The easiest way to read the Bible daily is to use a Bible plan. The Bible app has helped us all - in ways we cannot even imagine. Bible plans are great for Bible reading.

Plans are very essential and they help us build the needed discipline to read the word daily. Bible plans help us to build a daily habit of engaging the word and keeping the word before our faces everyday. However, you must not stop at reading the word alone. You must go further to studying the word.

## Studying The Bible

The bible says in **2 Timothy 2:15** KJV

***Study** to shew thyself approved unto God, a workman that needeth not to be ashamed, rightly dividing the word of truth.*

The key word here is "Study". Study here means applying diligence and effort. Plans makes Bible reading easy (and yes we all like ease) but we must be careful not to value convenience and comfort to our detriment. Certain results require labor and a level of discomfort to get it.

With plans, there is a tendency to just want to finish reading portions allotted for the day. In doing this, we rush the reading and rob ourselves of the chance to get the full import of the scriptures. Many of us are all guilty of this.

For balance, please keep your bible reading plan going on but designate a day in the week for Bible Study. Let your study time be your time of diligently poring over Gods secrets knowing fully well that these words are far from ordinary. They carry the power to change you and everything about you completely.

Spend time with the word and ask questions from the Holy Spirit. Probe the words and meaning and search deeper into the mysteries in the word. Use Study Bibles and different translations to give you a full understanding of what you're reading. Patiently pore over the words you read in study,

### Meditating On The Word

Studying the Bible leads you to the place of meditation. The meditation experience is when you are drawn to a word or a passage as you study. It's when you keep reading the same word or passage over again and when you try to move on to the next passage, something draws you back. As you stay on that word, it opens up to you and revelation comes. The bible describes it in Psalm 39:3 as a musing which causes the fire to burn.

*"my heart grew hot within me. While I meditated, the fire burned; then I spoke with my tongue:"*

When that fire burns, your spirit is illuminated. The Light in that word hits your spirit and it often ushers you into the realm of prophetic insight as the fire burns in you. This is the spirit of God imparting light into your spirit. Sometimes our minds cannot even articulate it but our spirit receives it. It may take a while for our minds to catch up with the download. Meditation is powerful. It really is.

READ - STUDY - MEDITATE. That is the wisdom of the word.

# Wisdom For The Mind

## The Power of the Mind

Prayer is life. It is extremely important but it is not the only key to sustaining the victory God gives us in a revival. We need prayer and other keys to lay hold on all what God has for us.

The mind plays a vital role to our wellbeing. This is why the Bible says this in 3 John 2

*Beloved, I pray that you may prosper in all things and be in health, just as your soul prospers.*

By this scripture, we see that we cannot prosper above the level of our soul's prosperity. Rather the level of our prosperity is determined by the level of our soul's prosperity.

This means we can only go as far as our minds allow us. Many of us cannot get the blessings we want from God because our minds are not ready to receive them.

The mind is a gate or access point. When that gate is closed, it stops and restricts God from doing what He wants to do in our lives. So, where we lack the mental capacity to receive what God has to give us, our prayers are hindered. God cannot give us what He wants to give us because our minds cannot receive it.



### The Power of Learning & Mentorship

So what do we do? The answer is that we must enlarge our coast and capacity to receive by broadening our minds. What is the size of your mind? A cup or a bowl? A large basin or a whole warehouse? You cannot fill a jar beyond the size of the jar. So - enlarge your coast. Remember what the prophet said to the widow in 2 Kings 4:3 NIV

*Elisha said, "Go around and ask all your neighbors for empty jars. Don't ask for just a few.*

Get empty vessels! Borrow not a few! Enlarge! Expand your capacity! Begin to read and engage resources that arm you with superior information. Mingle with intelligence that will take you beyond what you currently know and watch your life change completely.

Develop yourself by listening to those whom God has given knowledge in the area you are looking to improve in. What books are you reading? Who are you listening to? When last did you study anything apart from social media?

Dear Chef, how many culinary books have you studied?

Dear Designer - who are your teachers and your mentors?

Dear Professional - how many certifications have you bagged?

Start today by identifying the people you want to learn from and then pursue them and their materials with all you have.

### The Proof of Pursuit

The Bible says in Proverbs 18:1 KJV

*"Through desire a man, having separated himself, seeketh and intermeddleth with all wisdom"*

What the Bible clearly shows us here is that pursuit is the proof of desire. When you pursue something, it is proof that you really desire it. Without pursuit, there is no desire.

When we don't make time for something, it is simply because we don't desire it. Your desire is a message that speaks. It has a voice that God and the atmosphere can hear. It sends a message to everything around you to clamor for your lifting.

It is one thing to pray but the physical action to back the prayer is what activates answers. Prayer will bring the opportunity but skill which comes by knowledge and mental development is what sustains the blessing that opportunity brings.

We as Christians often struggle with this. We think God will do everything. God is a father. He loves you. He won't give you what you can't handle.

If you want more, you must increase your capacity to handle more.

# Wisdom For Relationships

## Handling Relationships

As we discuss how to sustain the fire and the victories God gives in life, we cannot but talk about the wisdom required to handle people and the relationships He brings our way.

God uses men to lift men. The enemy also uses men to destroy men. Almost always, God uses men as answers to prayers. So if we don't know how to cultivate and manage the different relationships God brings our way, we will inadvertently slow down our progress in life.

You need men to thrive. Remember, there is no King alone.

## Favor & Honor

Where there is favor, there is life. Where there is disfavor, death is present.

**Psalm 30:5** KJV says

*"For his anger endureth but a moment; in his favour is life: ...."*

Where can you find favor? How can you receive favor? There are many keys but for the purpose of this discuss, I will like to focus on Honor.

Honor and favor are linked together. They usually go hand in hand. Honor brings favor while dishonor shuts doors. In fact, everything that leaves your life is connected to dishonor. What stays does so because of the honor you accord it.

When you honor your health, you get healthier, When you dishonor it, it leaves you. Its the same way with people. How have you treated those who God has brought your way? Did you honor them or did you despise them?

Honor is discerning people of value. The word honor is connected to weight. What weight do you give that person? How weighty are they to you? We cannot honor everyone the same way because people are different - and thats where wisdom comes in.

Wisdom is the understanding and the discerning of difference as Mike Murdock says. It is knowing the difference in time, people and situations.

Until you master the art of honor by wisdom and in turn procure favor, life will be hard. Why? Because the world is designed to run on relationships. We are a product of connections - Parents, Siblings, Relatives, friends, colleagues - everything is connected. You need people and so you need favor. In favor is life and in disfavor is death. So go and master the art of honor. Value people truly -not as "use and dump" tools.

### Taming Self

Ask yourself - Am I a good person? Do people love being around me? Am I proud or am I humble? Am I competitive or am I supportive? Am I loving or am I struggling with envy?

The flesh is a beast and we must learn to tame it. We as human beings can be naturally selfish, self-serving and opportunistic which attributes will only stifle and prevent any relationship from thriving.

## After The Fire

Whether it is a friendship, business dealing, a marriage or with a suitor - Love is giving. For any relationship to work at any level, it requires an element of sacrifice to thrive.

The key to becoming “relationship-friendly” is to be giving, to be selfless and to remain humble. Staying in a position of humility and brokenness before the Father gives you the grace to be CONTENT. Contentment brings gratitude while gratitude erodes selfishness and builds confidence. Confidence boots in us a willingness to help others and focus less on self. This is what grows relationships.

Separation & Submission to God (Acceptance of what God gives you) is an antidote to envy and a builder of contentment. Remember, life is not about you alone. The ecosystem of the earth doesn't revolve around you. Learn to honor, value and respect others. Your destiny will gain speed because of it.

Good and healthy Relationships are vital. Don't fake your way through them and please dont be a social climber. Rather master the art of treasuring relationships. It secures favor.

# Wisdom For Money

## The Cycle Of Life

The wisdom behind the management of our resources is vital to keeping our victory alive. Financial challenges has proven to be a major distraction from the things of the spirit. As you try to climb higher into God, issues of money have a way of pulling us down to the earth. It is a conversation that we need to have,

Life is a cycle. A cycle means there will be ups and downs. What this really means is that there will ALWAYS be seasons of plenty and seasons of leanness. You cannot pray it away. It will happen.

The key therefore to thriving financially regardless of the season you're in is in the management of the seasons of plenty. Effectively managing your seasons of plenty will keep you afloat in the season of lack and bring you through again to the season of plenty.

There is a Yoruba Proverb that says "Don't eat with all ten fingers". It simply means don't consume all your blessings. Do not eat your seed with your harvest. Save and Invest in the future in the seasons of plenty.

## The Science Of Money

Sometime ago, I saw an ad on the TV and it said "Money is not a goal. It is a tool". That statement made me sit down and think. It simply meant that the essence of money is not to have it. Money comes so you can do something with it.

It is what you do with money when it comes that makes you rich or poor - not the fact that you have money in your hand. **Pause and think on that for a minute**

This probably explains why there are many more short lived successes than lasting dynasties because money is transient. It is always in motion. This is why it is called **CURRENCY!** It will not stay if you don't lock it down in wise investments.

I will like to reiterate the fact that wealth is activated by movement - and not just any movement - the right movement.

In the example I gave earlier of Elisha in 2 kings 4, the oil of the widow did not multiply until she borrowed jars and started filling it with oil. Even after the prophetic word was given, It was her transacting with the "money" (the oil) that brought increase - not her keeping it.

Again, when Jesus performed a miracle with the 5 loaves and 2 fishes in John 6:11, The bread did not multiply until Jesus prayed, broke the bread and began to share it. Until the "money" ( bread and fish ) was in motion - there was no increase. It was the distributon that brought multiplication

If you get this - you will understand the science of money and how it works. It is a principle that works not only for money but for other things including faith. Until Peter took the first step, he couldn't walk on water. Until they launched their net into the deep, they didn't catch fish.

Money is not the goal. It is the tool that takes you to the goal. So when it comes, don't just be checking your balance all day obsessing over the fact that money is in your hand. Prayerfully and wisely transact with it at the instance of a wise investment decision and that money will re-appear in your account over and over again. It will keep on giving!

### Types of Businesses - Source, System & Structure

For this, we will dive deep into the Bible Business School of Money here to see three classifications of businesses. **Genesis 1:11 KJV holds the keys:**

*And God said, Let the earth bring forth grass, the herb yielding seed, and the fruit tree yielding fruit after his kind, whose seed is in itself, upon the earth: and it was so.*

#### 1. Grass - Grass Level Businesses:

Grass is the commonly-seen, easily-accessible, quick-spreading, free for all kind of vegetation. The bible here makes no mention of its seed and also when you see grass, the last thing on your mind is its seed. Even though it spreads really easily and has seed, the seed is not its defining structure. Its value is not the seed, but the green leaves. The fact that it is easily recognizable, it is available everywhere, any and every one has access to it and its ease of spreading is what distinguishes it from the others.

I will classify businesses which have a low entry bar, require little skill to start, are easy to get into, can easily be duplicated, grow very fast and can be easily destroyed as **Grass Level Businesses**. They are usually the lowest on the food chain and have the highest number of players involved in them. e.g. Retailers



## 2. Herb Yielding Seed - Herb Level Businesses

The herb yielding seed are plants that produce herbs or flowers. Its defining component is its seed. These herbs or plants blossom, bud and produce herbs or flowers because of their seed. The seed is crucial to its functioning. They take more time to grow and are not as widespread as grass. In appearance, unlike the grass which is just leaves, this has a stalk on which the leaves and herbs shoot out from. This plant type is dependent on bees, butterflies to carry its seed/pollen to germinate and bud. Their demand is predicated on beauty and/or purpose. They usually have a short life cycle.

I will classify businesses that are service based in this category; organizations that exist to offer unique services to various industries that require them. The entry bar here is medium as it does require skill to get into. Also, they are usually in high demand because of their unique purpose and can generate money really quickly. A key factor is that their relevance is dependent on other businesses and can die very quickly once the demand for them cuts off. e.g.

**Oil & Gas servicing**

## 3. Fruit Tree Yielding Fruit - Fruit Level Businesses

The defining factor for this plant is its fruit. This does not only have seed, it has fruit that has seed in it. It is a Tree, not just grass and herb. The tree takes time to grow and it can grow tall and live for a very long time. In appearance, it has a thick sturdy trunk or stem and competes more for sunlight to survive than the herbs or grass. The most important characteristic of this Tree is its innate ability to produce fruit which has seed in itself. Its intrinsic value is its fruit.

I will classify manufacturing and producing companies as Fruit Level Businesses. The entry bar is very high, they are hugely capital intensive but they hold all the aces. They call the shots and determine market trends. They are at the top of the food chain and the Herb & Grass Level businesses work for them. This is the realm of dominion in every industry.

I believe every single business endeavor can be classified using the above. Take a sheet of paper and review your business and industry and use this to wage an intelligent war for success. When you understand the dynamics at play, you perform better and you know the best places to invest your money in.

Each level is vital and they all have their place. The key thing is for you to understand your industry and then apply this knowledge to your advantage.

### Self Investment

There are many great investments as you can see but its important to note that self investment is very wise investment decision. nvesting in yourself is investing in your future. This investment may be in the form of learning or sharpening a skill. It may also be learning a trade.

When choosing a skill to invest in, choose to invest in what you love to do, what you do easily or what comes to you naturally. Don't learn something because it's trending or attractive. Identify what works for you and then hone your skills in that area. Keep at it until you become a master and the best in the game. By the time you get to that point, your value would have greatly increased and you become sought after by those who need what you have. This a very good way to start in securing financial security.

With this approach, you will be like a seed bearing herb or fruit yielding tree making it hard for you to go hungry because you will always be in demand. It will take a process of time, but it will be totally worth it.

May you choose your investments wisely in Jesus Name.

### Divine Insurance - Tithes & Seeds

In the biblical examples I gave under the Science of Money, there was always a prophetic word that announced a season of blessing followed by a physical corresponding action of faith which brought about the desired results. We have talked extensively about the physical corresponding action but now we will look into the spiritual one.

Tithing is like taking out an insurance policy with heaven and the 10% you pay is your premium. Tithing a system of partnering with God over your finances. It commits God to get involved in your finances.

The giving of your money to God is a system of covenanting your life to God. I say life because your money represents your life. It is a product of your labour and sweat and is therefore a physical token of your existence. When you give to God, you are offering a part of you on the altar. It is proof of your trust. That is why Abraham's obedience to God on offering His son was so powerful. Indeed, those who sow sparingly reap sparingly and those who sow with tears reap precious seeds.

In the past, I have avoided talking on this issue because it has been so badly abused in faith circles but truth is truth. My shying away from it does not negate its validity. The efficacy of this principle stands sure. What you sow you will reap.

## After The Fire

The bible says in John 12:24 KJV -

*Verily, verily I say unto you, unless a grain of wheat fall into the ground and die, it abideth alone; but if it die, it bringeth forth much fruit.*

Until the seed dies, it can not bear fruit. Its fruit bearing capacity is released in its death! It is the separating of the grain from its "source" and planting it that makes it bud. As long as it is alive in its source, it cannot produce.

This is how giving to God works. The seed must leave your life and die to you to bud. It is said that this has been really abused but do not let that stop you from doing the right thing. If you want the true riches, then you must learn to love to give as God commands you. Do not joke with this and do not let anyone convince you otherwise. Study the bible yourself on the matter and see..

Let God have your all. Your heart and your money too. God can be trusted. He is not man so just rest in the integrity of his word.

Having God as my business partner is the best thing ever!

# Wisdom For Health

## Our health really matters.

The law of sowing and reaping cuts across all echelons of life, health inclusive yet our health is that aspect of our lives many of us don't take seriously at all.

Our physical and mental health is really key to our overall state of wellbeing and effectiveness. It is a game changing factor and one of utmost importance. We must not wait until a problem occurs to pay attention to our health.

When we die, life here ends. No matter the height of your calling or the breadth of your anointing, it will mean nothing in the absence of a healthy physical body.

There will be no dream to fulfill, no vision to run, no family to care for. No spouse to love and no child to obsesses over! It will be us standing before the Father to give account of our lives and how we fared

All the things we chase and run after will pale to insignificance when we are dead. I pray in Jesus Name, untimely death will not be our portion but we must back up our prayers with corresponding faith. We cannot be like the ostrich that buries its head in the sand reveling in wishful thinking. We have to take control of our health and live responsibly.

I'm no medical expert but in my experience, I have found these useful:

### What we eat -

You are what you eat. What is in your fridge, your pantry or your shopping cart? These paint an indicative picture of your health. Do you have mainly high sugar items like coke and fizzy drinks in there? Do you eat a lot of rice and loads of carbs? Any fruits and vegetables in there or are they all processed foods ? If this is you and you're doing three days prayer and fasting - You're on your own

### How you move -

The body is made to move. It's not meant to be stagnant. A sedentary lifestyle is a slow killer. We need to curb that lifestyle by getting active.

Build into your routine a physical exercise that makes you move around. It could be dance, it could be a quick run, gardening, taking walks or what have you. You can even walk on the spot if you can't leave home.

Personally, I use the "Walk at Home" Videos by Leslie Sansone on You Tube. She has some great exercises that help. Aim for a thirty minute workout with her three to four times a week for a start. Your body will thank you for it.

### Learn to listen to you -

We all have different body types and as such, what goes for the goose will not go for the gander. Learning your body signs will help you spot problems before they occur. Know the foods that do not go well with you and avoid them like a plague. It is your body telling you something. So please listen to your it .. It will keep you alive.

These are very important especially as many of us have or are about to cross the 40 year old mark. As we grow older, our metabolism slows down so simple things like not eating at night can save us. Checking our blood pressure regularly and carrying our annual medical checks matter. Like a sister of mine said, make your annual medical check ups part of your birthday present to yourself.

### Rest Is Spiritual

This is a message I constantly preach to myself because I have a tendency to drive myself very hard. This supercharged nature makes me want to keep going but I have since realized that lack of rest is sin. The Bible institutes the law of sabbath as a command to Moses and the Israelites first of all because God rested on the 7th day and He blessed and sanctified the 7th day as a day of rest,

God then instituted it and gave it to Moses it as part of the Ten Commandments.

The law of rest was therefore no longer a physical law but a spiritual one too. Rest was so important that God enshrined it in his laws and commanded us to follow it. As we know, everything in the bible was written for our example and for our good. God knows we need to take a day off every week to rest. He knows our body needs sleep every day. He knows we need a holiday from season to season. So let's obey and rest. Rest makes us function better and stress damages our health.

God is smarter than us all. So learn to rest and honor God with it. It is spiritual to do so.

### Pay Attention To Your Mental Health

Let's end this discuss by speaking to our mental health.

Life will not always go the way we want it to go, The roses will not always be red and the grass will always appear greener on the other side. Life can throw a mean punch at us sometimes and learning to cope with the vissitudes of life is crucial life skill. The world expects that we keep sane in the middle of the pain.

Unfortunately and fortunately too, not all of us are equipped for life the same way. Some can take a licking and keep on ticking while others crumble emotionally at the slightest sign of trouble. The key thing however is to be self aware.

Be self aware. Know you. Do not lie to yourself. Know what triggers you and by all means avoid those triggers but do not stay in the avoidance space alone. Go further by dealing with the issue from its roots until it ni longer has a hold on you. This doesn't mean you should deliberately put yourself In harm's way but you can deal with the issue so much that If you by any chance find yourself in a triggering situation, you will NOT be triggered. WHY? - Because you have stored up a defence system which is the WORD of God on your inside.

Sit down with scriptures that address your fears, vulnerabilities and your triggers and eat those scriptures like food. Take it like medicine. Eat it thrice a day. Go at the word and build yourself up by the power and the strength of the word of God. The Bible says in Proverbs 4:22 NIV



## After The Fire

*My son, pay attention to what I say; turn your ear to my words. 21 -Do not let them out of your sight, keep them within your heart; 22 for they are life to those who find them and health to one's whole body. 23 Above all else, guard your heart, for everything you do flows from it.*

The word of God is medicine people. It can heal the whole body. Proverbs 3:8 also says fearing God, turning away from evil and being self aware - not deceiving ones self or becoming Mrs "ITK" 🤔🤔 (*I too know*) - is healing!

*Be not wise in your own eyes; fear the LORD and turn away from evil. 8This will bring healing to your body and refreshment to your bones*

### Find Your Tribe

Avoid toxicity and toxic environments. Remember Ps 30:9 - where there is favor, there is life and where there is a lack of favor, it speaks death.

Find your company. The Ecclesia is filled with many support groups which is an awesome thing. Choose one or two max and make it home. They help keep a positive environment around you as you meet and share life with like minded friends. Stay around people whose presence brings joy and gladness just as you do them. Leave the haters and let them be. They will be alright!

Do not force friendships. If it feels too heavy to carry, it probably is. Fight for your peace and guard your heart. When you find good and great friends, do all you can to keep them. Defend the defendable but do so knowing that some friendships are seasonal - temporary by nature; while others are ordained by covenant - they last forever.

Ensure you have a service outlet - a place where you serve a higher purpose, something bigger than you. A place where you use your grace and your gifts to the improvement and advancement of others.

## After The Fire

Pray for grace to discern as only God knows which is which but as long as you show sincere love and honor and exhibit the fruits of the spirit as best as you can, you will be fine.

Time is a revealer. In time, you will know. Time will tell

Do not be needy friend that draws from everyones emotional bank all the time without giving anything back. Don't be the person that seeks to know everything about everyone and no one knows anything about you. Be careful of talk.

Be weary of sharing personal stuff carelessly. Speak up and get help when you need to but do so with care and caution ensuring that you are opening up to the right person.

Lastly, when you have a gut feeling about someone, do not ignore it. Your spirit knows more than your head. It knows things your mind hasn't yet comprehended so even when you can not make sense of it, trust your heart - especially if you are a praying believer. It is often right.

*"And now, brethren, I commend you to God and to the word of His grace, which is able to build you up and to give you an inheritance among all those who are sanctified.*

Again, I pray God will make the words of this book real and alive to you. May the God of all Grace keep us alive in Him and may none of us be missing from the heavenly roll call.

**Do not let the light go out on your altar. Keep the fire burning.**

WHAT TO DO  
**After The Fire**

GODSOWNDIVA CLUB

*Catching the fire is one thing, keeping it burning is another!*

Often times, after experiencing powerful revival meetings we find ourselves right back where we were before the fire. We often lack the discipline to sustain, retain and relive the glory experiences daily. It is not enough to be part of a move, it is what we do after the move that matters.

In this book, Diva TiO documents simple and practical steps to help you make the glory experience an enduring one, not a fleeting one.



DIVA TIO